

Reminder-I

Urgent/Date Bound

From

Director General, Higher Education, Haryana,
Shiksha Sadan, Sector-5, Panchkula.

To

The Principals of Govt. Colleges in the State of Haryana.
(As per list enclosed)

Memo No. **DHE-010009/157-2020 Coordination (1) (62869)**
Dated, Panchkula, the **16.5.2024**

Subject: Information regarding Distress Call Centre – Ek Aasra (IVR facility Helpline no. 7419864999).

Kindly refer to office Memo No. Even dated 01.05.2024 on the subject cited above.

It is intimated that Distress Call Centre – Ek Aasra (IVR facility Helpline number 7419864999) to provide listening and care service that works to support people in emotional distress and those who are feeling suicidal or any kind of stress, such as:

- Stress & Dipression
- Relationship issues
- Suicidal thoughts
- Feeling lonely or isolated
- Distress related to any natural or human-caused disaster
- Job loss
- Getting over a recent break-up
- Family issues
- Lack of motivation
- Psychological impact of COVID-19
- Anxiety of the future

You are therefore again requested to provide the information regarding Distress Call Centre – Ek Aasra on following points:-

1. Whether the service number 7419864999 is active ?
2. If yes, the number of calls received in last academic session 2023-24. Please provide month-wise call detail.
3. If no, the detail of last call received (Month and Year).

The above information may be sent through Google form through link: <https://forms.gle/hGkA7AQqrncocfgX8>.

Rekha
Superintendent Coordination
for Director General Higher Education,
Haryana, Panchkula.

CC:- Incharge Webportal to upload.

Sr. No.	Name of College	Sr. No.	Name of College
1	D GC Gurgaon	50	GC Meham
2	GC Adampur	51	GC Morni
3	GC Alewa	52	GC Nagina
4	GC Ambala Cantt.	53	GC Nahar
5	GC Assandh	54	GC Nangal Chaudhary
6	GC Badli	55	GC Naraingarh
7	GC Balasmand	56	GC Narwana
8	GC Baroda	57	GC Nigdu
9	GC Barota	58	GC Palwal
10	GC Barwala (Hisar)	59	GC Panipat
11	GC Bawal	60	GC Pataudi
12	GC Behrampur (Bapauli)	61	GC Pratap Nagar
13	GC Bhainswal Kalan	62	GC Ratia
14	GC Bhattu Kalan	63	GC Rewari
15	GC Bherian	64	GC Rithoj
16	GC Bhuna	65	GC Safidon
17	GC Bissar Akbarpur	66	GC Sampla
18	GC Charkhi Dadri	67	GC Sector -1 Panchkula
19	GC Chhachhrauli	68	GC Sector-9 Gurugram
20	GC Chhara	69	GC Sidhrawali
21	GC Chhater	70	GC Siwani
22	GC Dadupur Roran	71	GC Tohana
23	GC Ding Mandi	72	GCG Badoli
24	GC Dujana	73	GCG Ballabgarh
25	GC Faridabad	74	GCG Bastli
26	GC Fatehabad (District HQ)	75	GCG Gulha Cheeka
27	GC Gannuar	76	GCG Kalayat
28	GC Hisar	77	GCG Mandkola
29	GC Hodal	78	GCG Nacholi
30	GC Israna	79	GCG Rania
31	GC Issarwal	80	GCG Sector-52, Gurugram
32	GC Jakhauli	81	GCG Sonipat
33	GC Jassia	82	GCG Taraori
34	GC Jatauli Haily Mandi	83	GCW Ambala City
35	GC Julana	84	GCW Ateli
36	GC Kadma	85	GCW Badhra
37	GC kaithal	86	GCW Bawal
38	GC Kalka	87	GCW Bawani khara
39	GC Kanina	88	GCW Behal
40	GC Karnal	89	GCW Bhiwani
41	GC Kharkhara	90	GCW Bhodia Khara
42	GC KharKhoda	91	GCW Dhanauri
43	GC Kheri Gujran	92	GCW Gurawara
44	GC Krishan Nagar	93	GCW Hisar
45	GC Ladana Chaku	94	GCW Jassaur Kheri
46	GC Loharu	95	GCW Jind
47	GC Mangali	96	GCW Karnal
48	GC Matak Majri	97	GCW Kharak
49	GC Matanhail	98	GCW Kulana

Sr. No.	Name of College	Sr. No.	Name of College
99	GCW Narnaul		
100	GCW Pali		
101	GCW Ratia		
102	GCW Sampla		
103	GCW Sector-14 Gurugram		
104	GCW Sector-14 Panchkula		
105	GCW Shehzadpur		
106	GCW Sirsa		
107	GCW Unhani		
108	GNC Sirsa		
109	Shri Mata Mansa Devi Sanskrit GC Panchkula		